

THIS CALL IS BEING RECORDED

COVID-19

Briefing for providers Wednesday 4/22/20

Reminder: Provider Briefings shifting to Monday, Wednesday, Friday



Agenda

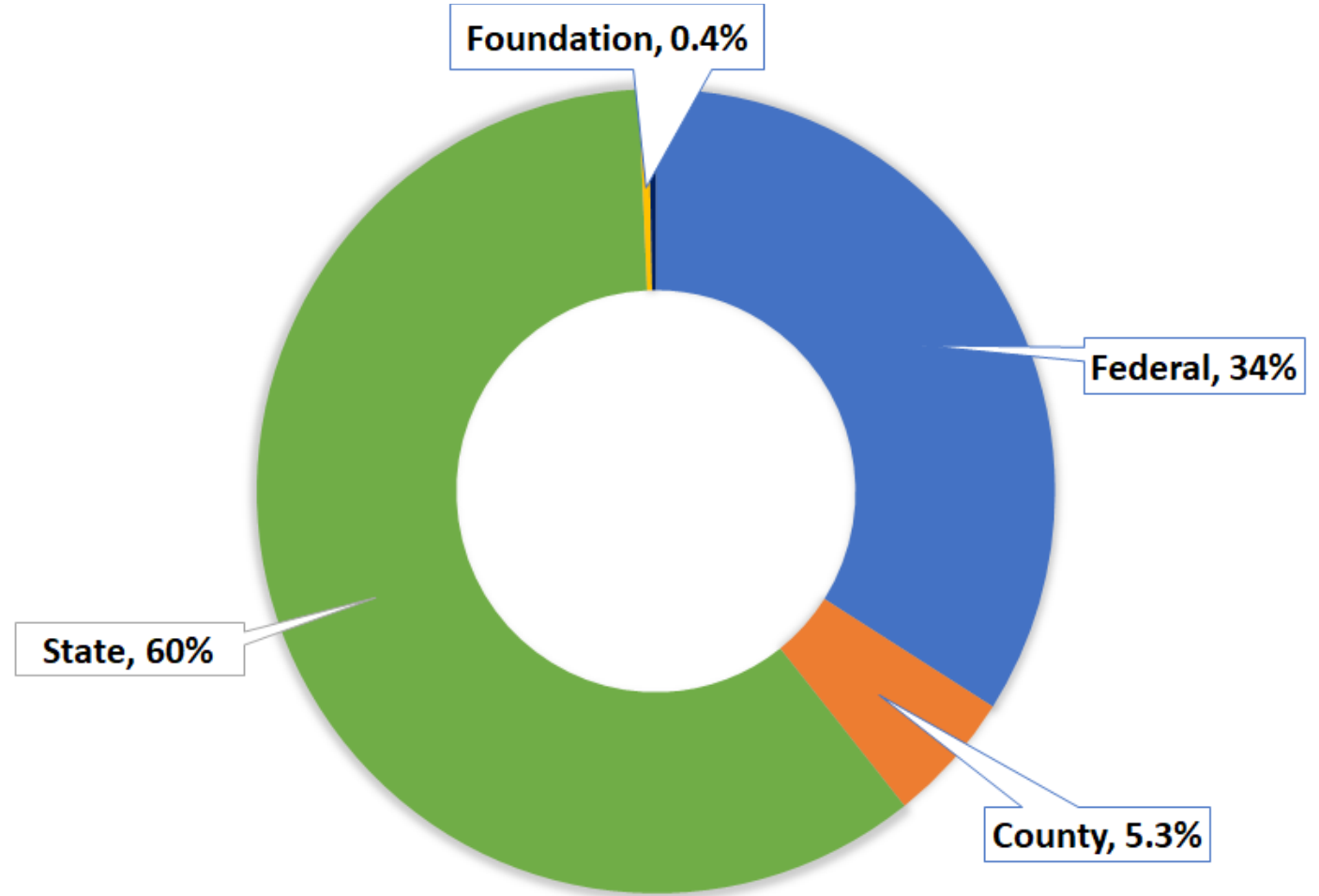
- Budget Update – Marc Cherna
- Legislative/Policy Updates
- Supply Requests
- Health Update
- Plans to Maintain Essential Services



DHS Budget

FY 2019-2020 Funding Sources

- Total revenue: \$ 1,060,819,425
- Over 100 funding sources
- Manage four different fiscal years



Funding Landscape due to COVID-19

- No current allocation levels known but expecting State shortfalls to impact human services funding.
 - State has over a \$5 billion deficit
 - Legislature hasn't started to consider FY 20/21 funding
- Government funds have been drastically reduced
 - State has furloughed over 9,000 employees
 - Other Counties have reduced their workforce
- Pandemic has created unexpected expenses, disruptions to services, and may necessitate that different services are developed to meet changing community need

DHS Plan

- We have 350 provider contracts and almost all are on a fiscal year schedule (July 1st to June 30th)
- Internal contract process is underway
 - May – reviewing contract allocation requests
 - June – collect and submit information needed for contracts
 - July/August – finalize contracts
- Adjustment may be made after we know new funding levels

Policy and legislative - Federal

- Congress reached agreement on a \$484 billion Fourth Stimulus ("COVID 3.5")
 - Yesterday, the Senate passed the bill; the House is expected to vote tomorrow and pass.
 - Legislation includes: \$320b to replenish the Paycheck Protection Program; \$50b for the SBA's disaster relief fund; \$10b for Emergency Economic Disaster grants; \$75b for hospitals and health care providers; and \$25b for testing, including \$11b to localities to scale up capacity.
 - Mandates states and localities to report how resources will be used for testing and COVID-19 community mitigation policies.

Policy and legislative – State and Local

- Allegheny County Council considering Paid Sick Leave bill similar to the City of Pittsburgh's ordinance that went into effect last month.
 - Workplaces employing 15 or more workers would be required to provide one hour of paid sick time for every 35 hours worked, up to 40 hours of paid sick time a year.
 - Workplaces with fewer than 15 employees would have sick leave capped at 24 hours a year; would be required to have the same accrual rate of larger employers.

Supply Requests



- To submit a request for supplies, use the Global Links online form at <https://www.tfaforms.com/4813339>
- Please ensure only 1 request per agency is submitted.
- Since Monday's announcement, 79 requests were submitted to Global Links, of which ~20 requests have been fulfilled thus far. More on the way this week.
- DHS has the request data and ability to advocate for urgent needs.



[N95 Masks](#)



[Fabric & Other Masks](#)



[Surgical & Procedural Masks](#)

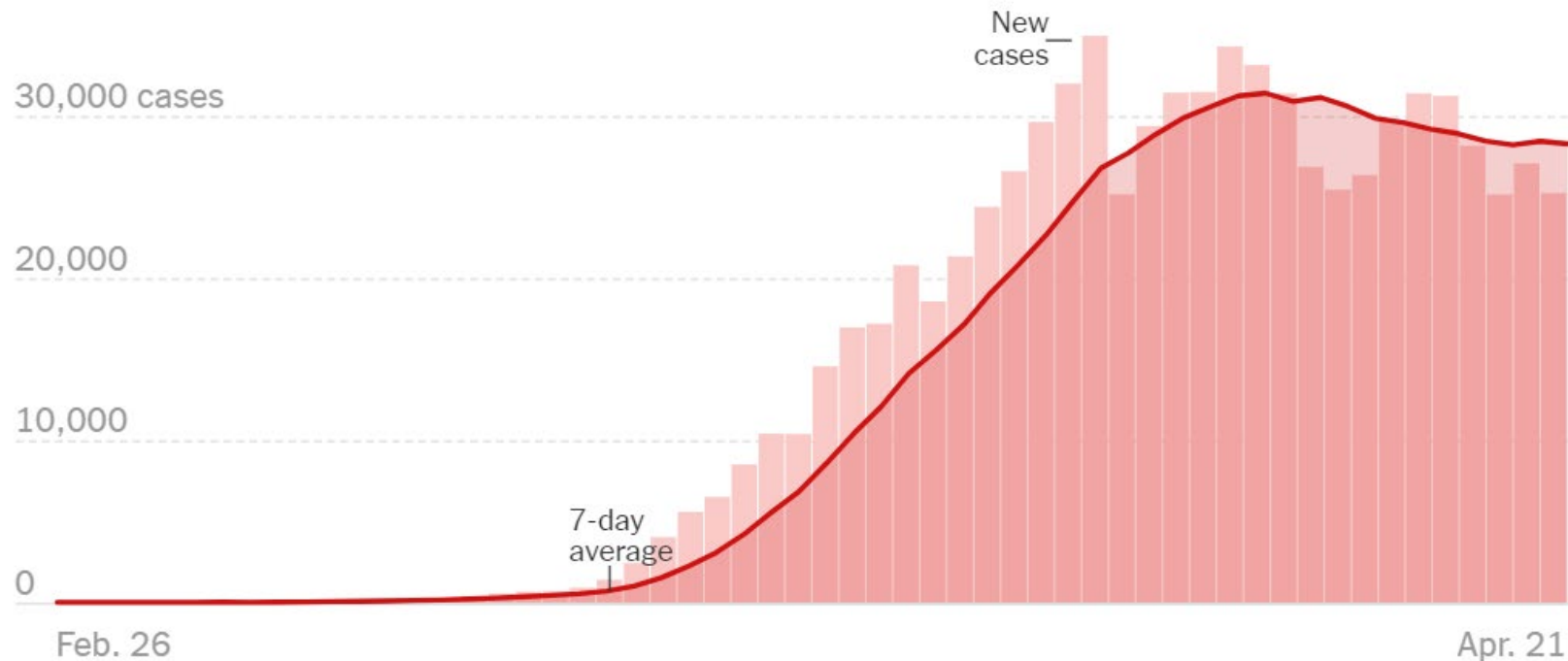
[Check out this directory](#) of PPE suppliers*
from the PA Dept of Community and
Economic Development

**Note: DHS has not vetted this directory and does not endorse any specific organization.*

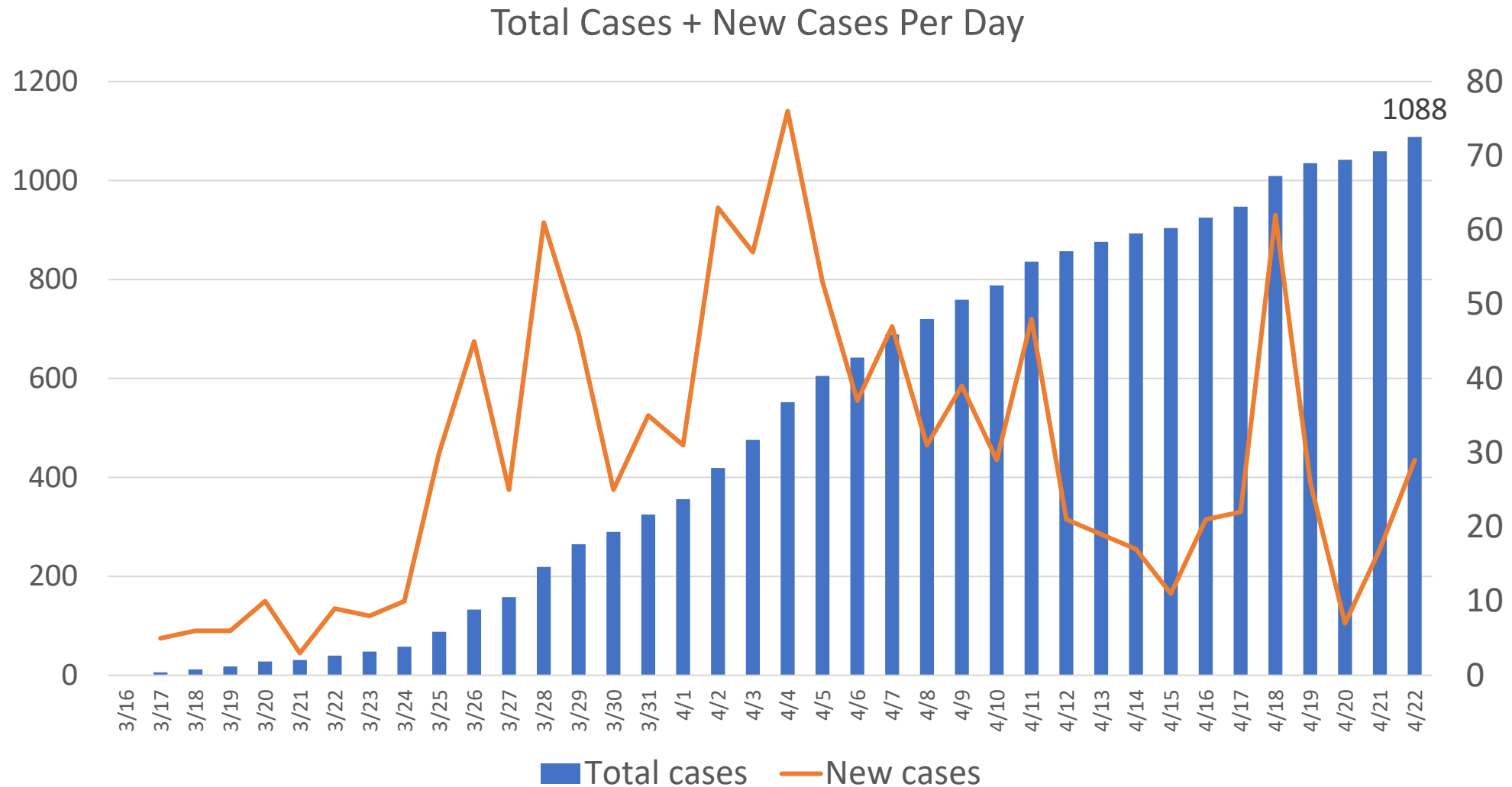
Health update

- *Allegheny County*: 1,059 confirmed cases; 188 hospitalizations; 67 deaths ([source](#))
- *Pennsylvania*: 35,684 confirmed cases; 1,622 deaths ([source](#))
- *United States*: 805,772 confirmed cases; 40,316 deaths ([source](#)).

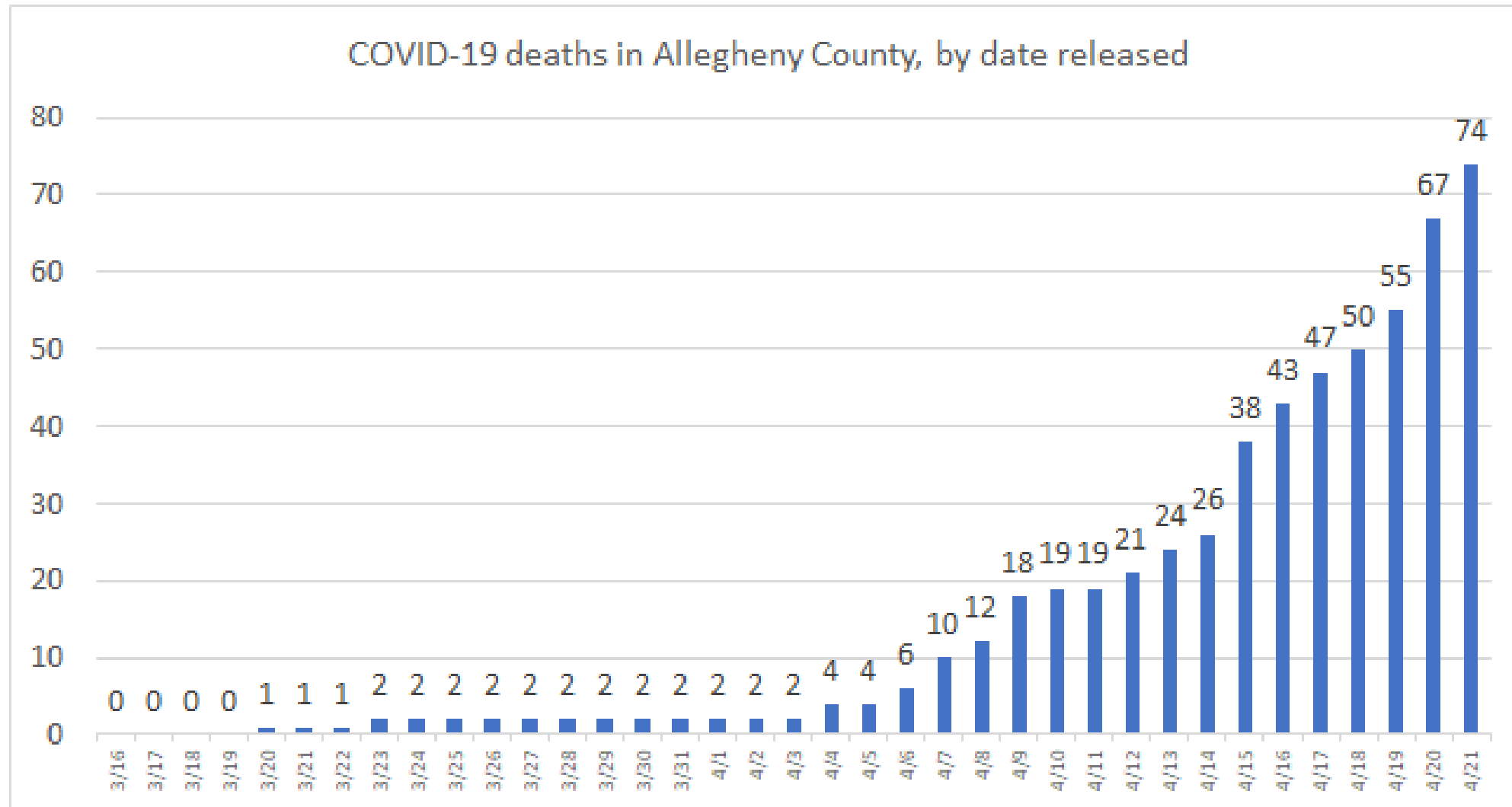
New reported cases by day in the United States



Health update



Health update





EEI Dashboard - 4/22/2020 12:00 PM

Region

(All)

County

Allegheny



COVID-19 Inpatients

86

COVID-19 Patients on ECMO

4

COVID-19 Patients on Ventilators

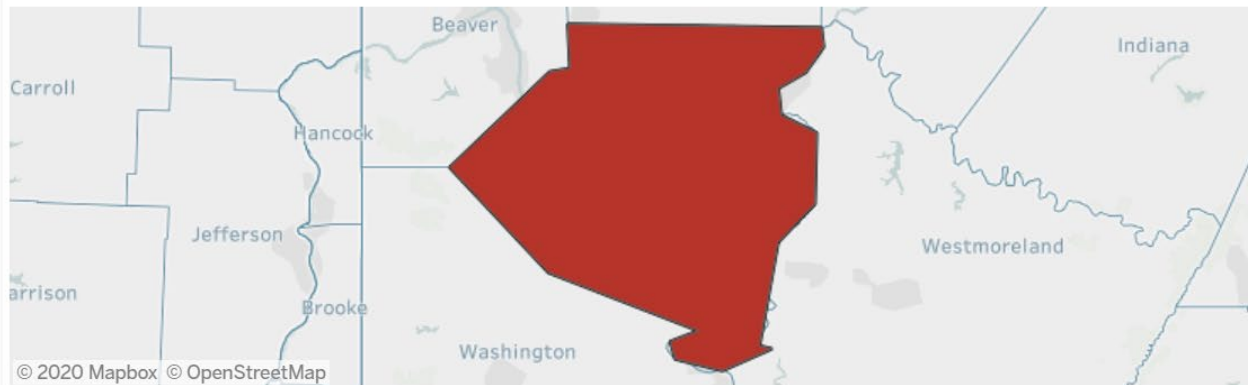
30

Ventilator Utilization

24.4%

COVID-19 Inpatients by County and Region

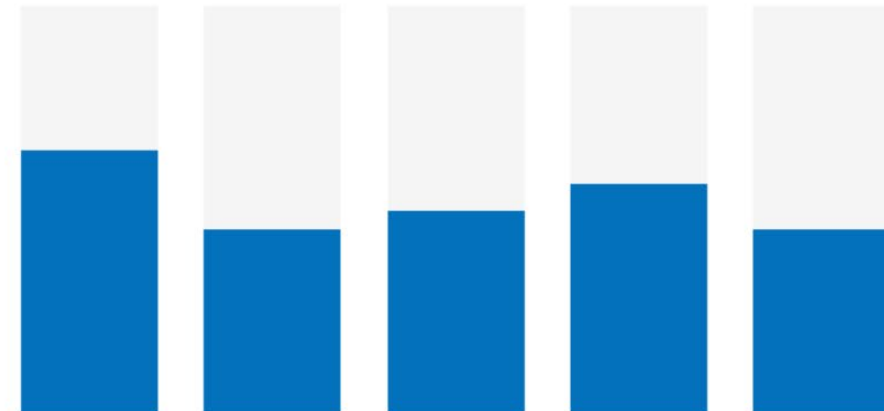
East Central	Keystone	North Central	North East	Northern Tier	SE Penn	SW Penn
209	166	7	421	8	1,787	137



51 to 99 Patients

Bed Utilization

ICU %	PEDs	PICU	Med/Surg	AllRs
65%	45%	50%	56%	45%



Confirmed COVID-19 Inpatients

Current Inpatient Count: 86



3/26/2020 12:00 PM

4/22/2020 12:00 PM

Supply Depletion Forecast

% hosps expecting depletion of the following equipment w/in:

< 3 days 4-7 days 8+ days

PPE

23% 40% 37%

NP Specimen Collection

31% 34% 34%

N95

31% 34% 34%

Potential Shortages

% of hospitals anticipating a shortage of:

N95: 63%

PAPRs Filters: 57%

PAPRs Hoods: 57%

PAPRs: 57%

Gown: 63%

Eye Protection: 63%

Facial Masks: 63%

Cleaning Supplies: 63%

Essential Services

1. Food for seniors
2. Aging Services – elder abuse investigations, in-home services, etc
3. Food for broader community
4. Childcare for essential employees, including first responders
5. Services for people experiencing homelessness and/or in supportive housing
6. Behavioral Health: Mental Health, Drug and Alcohol, Transportation and Early Intervention
7. Child welfare critical services, hotline, investigations, group care
8. Intellectual Disabilities and Autism services

Essential Service Status Snapshot

Essential Service	Overall Service Capability Ability to serve those in need	Staffing Are there enough people to deliver service?	Supplies Does service have necessary supplies?	Service Locations Are there safe places to deliver service	Funding Does service have enough funds?
		[Staffing Rating Guidelines]	[Supplies Rating Guidelines]	[Service Locations Rating Guidelines]	[Funding Rating Guidelines]
Food: for Seniors	At Risk	At Risk	Unstable	Stable	Stable
Aging Services - Elder abuse investigations, In-home services & other critical aging services	Stable	Stable	At Risk	Stable	Stable
Food: for Broader Community	At Risk	At Risk	Unstable	At Risk	Stable
Childcare for essential employees, including first responders	At Risk	Stable	Unstable	Stable	At Risk
Services for people experiencing homelessness or in supportive housing	At Risk	At Risk	Unstable	Stable	Stable
Behavioral health: acute, crisis and residential care	At Risk	At Risk	Unstable	At Risk	At Risk
Early Intervention	Stable	Stable	Unstable	Stable	At Risk
Transportation to essential medical and social services	At Risk	At Risk	Unstable	At Risk	Stable
Child welfare critical services, hotline, investigations, required visits, group care	At Risk	Stable	Unstable	Unstable	Stable
Intellectual Disabilities and Autism services	Stable	Stable	Unstable	Stable	Stable

Guidelines in Rating Essential Service Staffing

Essential Service Status Rating	Staffing Level Rating	Staffing Level Guidelines
Stable	Level 1	Agencies staff their own services, or have invoked contingency plans that have brought staffing to an adequate level
	Level 2	Agencies invoke their own COOP plan
At Risk	Level 3	Agencies notify ACDHS, who attempts to find staff across the network
	Level 4	ACDHS can't find staff across the network, we consider staffing with volunteers
Unstable	Level 5	If all efforts have been exhausted agencies might have to close their services



Essential Service:	Child welfare critical services, hotline, investigations, required visits, group care		Overall Service Capability:	At Risk
Staffing:	Stable	Level 1 Agencies staff their own services, or have invoked contingency plans that have brought staffing to an adequate level	Supplies:	Unstable Level 4 20 - 39% of necessary supplies are available for the essential service to be safely and adequately delivered to those in need
Notes: Agencies can staff their own services. Some have invoked contingency plans that have brought staffing to an adequate level			Notes: Providers report needing hand sanitizer , bacterial wipes, disposable thermometers service locations CYF is able to deliver supplies to essential first responders, but supply is limited.	
Service Locations:	Unstable	Level 4 30 - 59% coverage of the public, as some Service Locations have been forced to close	Funding:	Stable Level 1 Normal funding available
Notes: Several provider agencies have been forced to close to comply with Governor's orders			Notes: Normal funding available. Providers compensating staff with combat pay and exploring ways to incentivize staff	

Child welfare critical services: Local plans & next steps

- Last Updated: 4/15/20

CYF Staff Success in Crisis

- 25% increase in engagement with families to create Family Plan since February
- 6% reduction in caseload size from March to April
- 35% increase in on time contact with children since February
- Maintaining excellence in timely completion of investigations
- 6848 contacts completed since March 16th
 - 1506 video conferences conducted
 - 57% reduction in number of children age 5 and under not seen on time

Resources

- [Resources for Kids](#)
- [Resources for Parents of Kids with Special Needs](#)
- [Caring for Your Mental Health](#)
- [Helping Children Affected by Trauma Cope](#)
- Pressley Ridge's Patti McCloud shares what [life looks like for her autism family these days](#)



Can you lend a hand?

COMMUNITY Emergency **RESPITE**

Consider becoming a respite provider...

Respite care is needed for children if their caregivers become ill and unable to care for them or ensure their safety. They may be hospitalized or simply too sick to attend to the children's needs.

A Second Chance, Inc. (ASCI) is recruiting for respite homes to temporarily host one or more children whose caregivers are unable to care for them due to coronavirus symptoms or hospitalization.

We will work with you to help prepare your home.

There is a per diem payment to meet the child's needs

Average respite period is 12-14 days, although it could go to 30 days.

We will discuss the ways to safeguard your home.

You must attend a virtual training.

Are these children going to have coronavirus? The children may be anywhere on the COVID spectrum. Most likely they have not have been tested but may have been exposed and asymptomatic. They also might have symptoms or may develop them during their time in your home.

We are here to help you do this!



How can I get more information or apply?

EMAIL: ASCICovidCombat@asecondchance-kinship.com

CALL: Davida Allen at 412-377-2511 or Tara Skibiel at 412-715-9242

Food: for Seniors

No Updates 4/22/20

Essential Service:		Food for Seniors		Overall Service Capability:		At Risk
Staffing:	At Risk	Level 2 Agencies invoke their own COOP plan	Supplies:	Unstable	Level 4 20 - 39% of necessary supplies are available for the essential service to be safely and adequately delivered to those in need	
Notes: -AAA has received a shipment of over 800 FEMA shelf stable meals and are putting together a plan for a rolling distribution to identified sites. -Between FEMA and the AAA food providers there have been over 3,000 shelf stable meals ordered to be distributed. -Due to the increase in HDM referrals ACCESS is now assisting with deliveries for Northern Area Multiservice Center in the Tarentum area. -HDM providers have transitioned to 2 day per week delivery in order to maximize delivery and minimize social contact. Planning is underway to move to a 1 day per week delivery where possible.						
Service Locations:	Stable	Level 1 100% coverage to the public from normal Service Locations, which are open and fully operational to the public and those in need	Funding:	Stable	Level 1 Normal funding available	
Notes: -Current system has reached a plateau and is doing well. -Preparing for increases.			Notes:			

Elder abuse investigations, In-home services & other critical aging services

No Updates 4/22/20

Essential Service:		Elder abuse investigations, In-home services & other critical aging services		Overall Service Capability:		Stable
Staffing:	Stable	Level 1 Agencies staff their own services, or have invoked contingency plans that have brought staffing to an adequate level	Supplies:	At Risk	Level 3 40 - 59% of necessary supplies are available for the essential service to be safely and adequately delivered to those in need	
Notes: -Care Managers are completing consumer contacts and assessments by telephone rather than in-home visits to reduce the spread of Covid-19 -Per state direction, OPTIONS has developed internal processes to track Covid-19 specific services in the statewide SAMS/Wellsky database -In-Home services network is serving all consumers for Personal Care & Home Support -Personal Emergency Response Systems providers are offering modified, "contact free" install processes			Notes: -Available protective supplies (masks, gloves and sanitizer) have all been distributed to PS provider agencies and Options RN's.			
Service Locations:	Stable	Level 1 100% coverage to the public from normal Service Locations, which are open and fully operational to the public and those in need	Funding:	Stable	Level 1 Normal funding available	
Notes:			Notes:			



AAA SeniorLine Updates: Home-delivered Meals

- Prior to covid-19, SeniorLine received about 5 Home-delivered Meals referrals per day
- In the first weeks of the outbreak, referrals increased to 20-30 per day
- In the last week, referrals have leveled out at 8-15
- While the total is still higher than average, it appears that we have reached a sustainable plateau
- Additionally, total call volumes are returning to pre-outbreak levels

Food: For Broader Community

Essential Service:	Food for Broader Community			Overall Service Capability:	At Risk
Staffing:	At Risk	Level 2 Agencies invoke their own COOP plan	Supplies:	Unstable	Level 4 20 - 39% of necessary supplies are available for the essential service to be safely and adequately delivered to those in need
Notes: -Overall, Food Bank, 412 Food Rescue, School Districts, Food Pantries, Community Groups getting food out to community -As demand and need increases, focus is on: -Developing mechanisms to get food closer to people (more distribution sites, transportation) -Contingency planning for sites that must close (additional food prep sites) -Meeting additional demand (additional food supply to Food Bank and pantries) -Processes for families in quarantine or other "last resort" situations (in their own home or in facility) (quick solutions)					
Service Locations:	At Risk	Level 2 100% coverage to the public from either normal or alternative Service Locations	Funding:	Stable	Level 1 Normal funding available
Notes: see above			Notes: see above		

Food Access 101 – How to Support Households

- 1. Encourage families/individuals to apply for public assistance**
- 2. Support families/individuals in finding access to food**

Food Access 101 – How to Support Households

1. Encourage families and individuals to apply for SNAP:

- [Food Bank](#) and [Just Harvest](#) both offer support with applying
- Applications can be submitted online or paper (by mail)
 - **DHS Paper Applications:** All applications in several languages can be found here for printing: <https://www.dhs.pa.gov/Services/Assistance/Pages/Apply-for-Benefits.aspx>
 - The main application for benefits is the longest, and is not limited to just SNAP.
 - There is a short SNAP-only application (12 pages),
 - If you are serving older adults or people with disabilities who are on a fixed income, there is a two-page Simplified Application.
- **Some will receive a second April SNAP payment:** <https://www.justharvest.org/pa-food-stamp-recipient-may-get-a-second-payment-this-month/>

Food Access 101 - How to Support Households

2. Support families/individuals in finding access to food:

- **Pantries and other emergency food options:**
 - Use [this map](#) or "Get Help" on [Food Bank website](#) to identify pantries near household
 - If providers want to pick up for households, they should call pantries first to make arrangements with the pantry coordinator, to check on documentation required for service AND ask about what is required to serve as a proxy (which allows someone else to pick up on behalf of individuals or families)
- **Grab and Go site (for families with children):**
 - Use [this map](#) or "Grab and Go" on [Food Bank website](#) to identify the closest Grab and Go location
 - If family cannot get to Grab and Go location, provider can check with nearest location to see if they can pick up on behalf of family (parental permission required)
- **Large scale Food Bank distributions**
 - Food Bank large scale distributions are necessary mechanisms to get large quantities of food to large numbers of households, but they should only be recommended to families and individuals who do not have access to a local pantry. Wait times can be long.

Food Access Coordination and Resources

Food Access Call – Tuesdays at 3:30

[Join Microsoft Teams Meeting](#)

+1 267-368-7515 United States, Philadelphia (Toll)

Conference ID: 287 284 875#

Email Ashley Varrato (ashley.varrato@alleghenycounty.us) to be added to invite

[Food Distribution Map](#)

USDA Food Box Distribution Program

[USDA's Overview Information](#)

- Based on recent federal legislation, USDA will spend up to \$3 billion in partnership with regional and local distributors to purchase agricultural products (including fresh produce, dairy, and meat), assemble commodity boxes, and deliver to local non-profits that can receive, store, and distribute foods.
- USDA has not yet released full details, but more specifics are expected soon along with the solicitation to invite proposals from offerors to supply commodity boxes to non-profits.
- DHS will monitor developments with an eye towards the role we can play.

Childcare for essential employees, including first responders


Essential Service:	Childcare for essential employees, including first responders		Overall Service Capability:	At Risk	
Staffing:	Stable	Level 1 Agencies staff their own services, or have invoked contingency plans that have brought staffing to an adequate level	Supplies:	Unstable	Level 4 20 - 39% of necessary supplies are available for the essential service to be safely and adequately delivered to those in need
Notes: "staffing" for essential childcare presumably includes a huge network of relative/neighbor and other natural support caregivers. Traditional childcare staff supply is stable (with so many centers closed, several staff not currently employed)			Notes: Providers seeking gloves and cleaning supplies		
Service Locations:	Stable	Level 1 100% coverage to the public from normal Service Locations, which are open and fully operational to the public and those in need	Funding:	At Risk	Level 2 Concerns over short-term funds to cover operations - cash flow issues arising
Notes: Currently 70 centers open or preparing to reopen, ~220 open spots, many willing to reopen if demand exists			Notes: Local philanthropic community have made this a priority, state is continuing to make subsidy payments to providers, federal bill includes support for childcare, figuring out the logistics to get \$ to providers and families is the challenge		



BOYS & GIRLS CLUBS OF WESTERN PENNSYLVANIA IS COMMITTED AND READY TO BE A CRITICAL RESOURCE TO OUR COMMUNITIES DURING THIS DIFFICULT TIME.

BGCWPA WILL BE PROVIDING FUN ACTIVITIES, ACADEMIC PROGRAMMING AND CARE FOR SCHOOL-AGED YOUTH BEGINNING SOON **FOR ESSENTIAL PERSONNEL FROM ALLEGHENY COUNTY** AT OUR ESTELLE S. CAMPBELL CLUBHOUSE IN LAWRENCEVILLE.

(COUNTY EMPLOYEES ONLY AT THIS TIME)

 **ESTELLE S. CAMPBELL CLUBHOUSE**
4600 BUTLER ST.
PITTSBURGH, PA 15201

 **NO COST**
IN AN EFFORT TO SUPPORT OUR CRUCIAL WORKERS

 **BREAKFAST, LUNCH & SNACK PROVIDED**

 **MONDAY - FRIDAY**
7:30 AM - 6:00 PM DAILY

Services for persons who are experiencing homelessness and/or are in supportive housing

Essential Service:		Services for people experiencing homelessness and/or in supportive housing		Overall Service Capability:		At Risk	
Staffing:	At Risk	Level 2	Supplies:	Unstable	Level 4		
		Agencies invoke their own COOP plan			20 - 39% of necessary supplies are available for the essential service to be safely and adequately delivered to those in need		
Notes: Providers are functioning, with some staff performing virtual case management as needed. At risk staff at several agencies are working remotely, but some staff are calling off or not showing up. Staffing issues have not forced services to be closed at any providers, but the network is at risk.			Notes: Necessary cleaning supplies and protective equipment are in low supply, and masks are in very low supply. Providers are trying to secure supplies on their own, but also hoping DHS can provide.				
Service Locations:	Stable	Level 1	Funding:	Stable	Level 1		
		100% coverage to the public from normal Service Locations, which are open and fully operational to the public and those in need			Normal funding available		
Notes: All shelter facilities are still open and are staffed. Shelters with vacancies are still accepting new clients. Isolation/quarantine hotel location is open.			Notes: There are currently no funding concerns for the homeless network; federal stimulus bill includes some additional funding for homeless services.				

Services for persons who are experiencing homelessness and/or are in supportive housing

Medical needs survey: Please complete the survey by COB today

Rapid Rehousing: No RRH RFP for this year

Cell phones: DHS can support providers with cell phones, which will be available soon. Contact Gabe (gabriel.krivosh@alleghenycounty.us) for more information.

Services for persons who are experiencing homelessness and/or are in supportive housing

Isolation/Quarantine hotels:

- 40+ individuals housed
- Population: persons across DHS systems who need to be isolated (persons who are sick or especially vulnerable and need complete isolation)
- Referrals now accepted from homelessness shelters, street outreach providers, refugee and immigrant services, behavioral health and the jail. If you have questions, please reach out to:
 - Homeless client referrals: Jessica.McKown@alleghenycounty.us
 - Office of Behavioral Health referrals: Diane.Johnson@alleghenycounty.us
 - Allegheny County Jail referrals: Jennifer.Batterton@alleghenycounty.us

Additional staffing of hotels: CHS still needs staff for weekend shifts.

- *Individuals:* use following link:
<https://communityhumanservices.applytojob.com/apply/HCMAiP6kQv/Community-Support-Specialist-Hotel-2020>
- *Organizations:* please contact Cynthia Shields directly (Cynthia.Shields@alleghenycounty.us)

Services for persons who are experiencing homelessness and/or are in supportive housing

Homelessness Provider Network COVID-19 Working Group:

- Every Tuesday at 9:30 AM
- All homelessness service providers invited and encouraged to participate
- Call in information:
Phone number: 1-267-368-7515
Conference ID #: 124 689 852

Behavioral Health: Early Intervention

Essential Service:		Early Intervention			Overall Service Capability:		Stable	
Staffing:	Stable	Level 1	Supplies:	Unstable	Level 4	20 - 39% of necessary supplies are available for the essential service to be safely and adequately delivered to those in need		
		Agencies staff their own services, or have invoked contingency plans that have brought staffing to an adequate level						
Notes: Completely up and running with tele intervention services. Only services not approved for telehealth are social work and nursing.			Notes: In the past few days more supply requests have come in					
Service Locations:	Stable	Level 1	Funding:	At Risk	Level 2	Concerns over short-term funds to cover operations - cash flow issues arising		
		100% coverage to the public from normal Service Locations, which are open and fully operational to the public and those in need						
Notes: All Infant/Toddler Early Intervention services have the approval to be delivered using tele-intervention, this includes Social Work and Nursing.			Notes: Providers have been greatly impacted by the loss of revenue					

Behavioral Health: Early Intervention

- Early Intervention providers are able to offer flexibility in the duration of treatment sessions
 - For example 1-hour sessions may be split into 2 half hour sessions
- Providers are expected to coordinate this through their Service Coordinators

Transportation to essential medical and social services

No New Updates

Essential Service:		Transportation to essential medical and social services		Overall Service Capability:		At Risk	
Staffing:	At Risk	Level 2	Supplies:	Unstable	Level 4		
		Agencies invoke their own COOP plan			20 - 39% of necessary supplies are available for the essential service to be safely and adequately delivered to those		
Notes: Traveler's Aide has reduced office operations as of Friday 3/30/2020 in order to implement health and safety protocols for their staff. Lyft and Uber rides arranged through Traveler's Aide has been suspended at this time. ACCESS is able to accommodate all MATP transports at this time.			Notes: We are anticipating state MATP guidelines in the near future which may impact PPE requests by providers				
Service Locations:	At Risk	Level 3	Funding:	Stable	Level 1		
		60% - 100% coverage of the public, as some Service Locations have been forced to close			Normal funding available		
Notes: MATP has issued guidances for providers and riders.			Notes:				

Behavioral Health: Mental Health & Drug and Alcohol

Essential Service:		Behavioral health acute, crisis, and residential care		Overall Service Capability:		At Risk	
Staffing:	At Risk	Level 3	Supplies:	Unstable	Level 4		
		Agencies notify ACDHS, who attempts to find staff across the network			20 - 39% of necessary supplies are available for the essential service to be safely and adequately delivered to those		
Notes: Calls to date with various service providers reports are that staff are resigning or calling off due to COVID reasons but, no disruption in services. We have received reports that providers have staff out sick who may or may not be going through testing at this time.			Notes: Gloves, antiseptic wipes, antibacterial soap, thermometers, etc. in short supply for providers. In the past few days more supply requests have come in. Reminding providers to follow the supply request process and to not call in for supply request				
Service Locations :	At Risk	Level 3	Funding:	At Risk	Level 2		
		60% - 100% coverage of the public, as some Service Locations have been forced to close			Concerns over short-term funds to cover operations - cash flow issues arising		
Notes: Broadened use of telehealth. Reminding providers to submit incident reports when they are updating policies/procedure to their facilities and services.			Notes: Recently approved APA is intended to provide some bridge payment for eligible services. Decrease volume in access impacting providers ability to draw down available funds.				

Behavioral Health: Drug and Alcohol

- The Central East Prevention Technology Center is offering two Ethics in Prevention Trainings
 - Training is free
 - Space is limited and you can register and find details [here](#)

Drug and Alcohol:

90.5 WESA Highlights Alcohol Withdrawal Concerns

- WESA, Pittsburgh's NPR Affiliate, ran a story highlighting concerns with alcohol withdrawal in Pennsylvania since the closure of the liquor stores
- Find both a written article and sound clip here:
<https://www.wesa.fm/post/coronavirus-pandemic-could-mean-increased-risks-heavy-drinkers#stream/0>



Drug and Alcohol: Highlights of WESA Article

- Studies find people drink less during economic downturns, but binge drink more during periods of unemployment
- More than 1 million Pennsylvanians have filed for unemployment
- The mandates of social distancing could affect people who would not usually self-medicate with alcohol
- There is an uptick in online liquor sales in PA
- Allegheny Health Network has seen an increase in patients seeking treatment for alcohol withdrawal
- There is an anticipated need for detox and other treatments

BH: Drug and Alcohol: COVID-19 Resources

COVID-19 RESOURCES



INDIVIDUALS WITH A SUBSTANCE USE DISORDER

GET HELP NOW HOTLINE · 1-800-662-HELP (4357)

A 24 hours a day, 7 days a week, 365 days a year hotline staffed by trained professionals who will stay on the phone with the caller until a treatment provider with an opening is identified.

In addition to the hotline, text and chat options are available.
Text: 717-216-0905 · Chat: bit.ly/GHNchatline

ONLINE RECOVERY MEETINGS

Many organizations are offering online meetings while social distancing is being recommended.

- 12Step Forums [online AA meeting](#).
- Alcoholics Anonymous [telephone meetings](#) and [audio/video meetings](#).
- Chronic Pain Anonymous [video meetings](#).
- Cocaine Anonymous [voice and email meetings](#).
- LifeRing Secular Recovery [online meetings](#).
- Narcotics Anonymous [online meetings](#).
- Pro-A List of [online recovery meetings](#).
- SAFE Campuses Collegiate Recovery Leadership Academy [meetings](#).
- SAMHSA [virtual recovery resources](#).
- SMART Recovery holds daily [online meetings and forums](#).
- Unity Recovery is offering eight daily [online meetings](#).

Unity Recovery created [guidelines](#) for digital recovery meeting hosts, co-hosts, and chat moderators.

COVID-19 RESOURCES



INDIVIDUALS WITH A SUBSTANCE USE DISORDER

FREE PODCASTS

- Center for Motivation and Change: [The Beyond Addiction Show](#)
- Hazelden Betty Ford - [Let's Talk: Addiction and Recovery Podcasts](#)
- Pennsylvania Public Media - [Battling Opioids podcast](#)
- SobrieTea Party - [Recovery Rocks podcast](#)

OTHER ONLINE RESOURCES

- [RecoveryLink](#): Daily recovery meetings, physical activities, meditations, and more via your smartphone or computer.
- [Connections Mobile App](#): Addiction Policy Forum's app will help connect you with trained counselors and peers, e-therapy, and more.
- [WEconnect app](#): Help with staying active in recovery.
- This [Shatterproof blog](#) provides helpful suggestions to keep your recovery a priority during social distancing.

WAYS TO SUPPORT YOURSELF

Coping with stress will make you, the people you care about, and your community stronger. Try these tips from the [CDC](#):



- Resource page can be found [here](#)



Drug and Alcohol: Allegheny County DHS Contracted Detox Providers

- Gateway Aliquippa – 724-378-4461
- Gateway Mount Pleasant – 724-365-4020
- Greenbriar Washington – 724-225-9700
- Pyramid Duncansville – 888-694-9996
- Pyramid Wilkinsburg – 412-241-5341
- UPMC McKeesport – 412-664-2000
- UPMC Mercy – 412-232-4080
- WPIC Addiction Medicine Service – 412-246-5910



Drug and Alcohol Important Phone Numbers

- PA Get Help Now – 1-800-662-HELP (4357)
- Allegheny County Bureau of Drug and Alcohol Services – 412-350-3328
- HSAO for Drug and Alcohol Case Management –412-862-0627

Intellectual Disabilities and Autism services:

Essential Service:	Intellectual Disabilities and Autism services			Overall Service Capability:	Stable
Staffing:	Stable	Level 1 Agencies staff their own services, or have invoked contingency plans that have brought staffing to an adequate level	Supplies:	Unstable	Level 4 20 - 39% of necessary supplies are available for the essential service to be safely and adequately delivered to those in need
Notes: We continue to reach out to agencies weekly. Provider agencies are getting a lot of information but seem to be keeping up service delivery in light of COVID. We have confirmed providers have and are implementing COVID response plans when necessary.			Notes: Providers are reporting that they are submitting supply requests to any and all resources provided and getting some response although quantity is still not near what is needed.		
Service Locations:	Stable	Level 1 100% coverage to the public from normal Service Locations, which are open and fully operational to the public and those in need	Funding:	Stable	Level 1 Normal funding available
Notes: Providers have relocation plans in place but so far, everyone is at their normal service location. Providers are aware of resources available and reporting requirements.			Notes:		

Intellectual Disabilities and Autism services: Current Activities

- Continue to follow local information and directives, along with PA Department of Health and the State Office of Developmental Programs. Links to COVID-19 updates can be found on MyODP.org, <https://www.myodp.org/mod/page/view.php?id=26808>

No Updates 4/22/2020

Key Contacts

- Provider questions for Allegheny County Health Department
 - DHS-COVID19Planning@alleghenycounty.us
 - Use the subject field to indicate if your qq is about CYF, Aging, BH, CYF, ID, Community Services, or DHS operations (e.g., contracting, payment)
 - <https://www.alleghenycounty.us/healthdepartment/index.aspx>
- Key DHS staff
 - Payment inquiries: Dan Evancho Dan.Evancho@alleghenycounty.us
 - Contract inquiries: Kathy Heinz Kathy.Heinz@alleghenycounty.us
Laura Brigido Laura.Brigido@alleghenycounty.us
- United Way 2-1-1
 - For basic needs assistance or general COVID-19 inquiries call the 24/7 COVID-19 Hotline at 1-888-856-2774. Language services are available.

