



## Allegheny County Department of Human Services Helpful Resources

### Legal

#### Domestic Violence & Sexual Assault Resources:

- You can still get an Emergency Protection From Abuse order (even when courts are closed) -  
INFO UPDATED 03/18/20 Children's Court room 3030.  
(<https://www.alleghencourts.us/family/pfa/?eType=EmailBlastContent&eId=07638471-7400-4e59-98b5-91a6e152657a>)
- All PA Domestic Violence Programs (<https://www.pcadv.org/find-help/find-your-localdomestic-violence-program/?eType=EmailBlastContent&eId=7dfedf71-439a-4d63-8d7bb65b57d80be3>)  
*- please call (if able) to see if services are altered during the pandemic*
- **HOPE Center:** if social distancing has forced you into unsafe situation, call 724-224-1266 to speak with an advocate. Available to call 24/7. They will help provide domestic violence information, community resources, safety planning, support, and more!
- **PAAR** (Pittsburgh Action Against Rape)'s office is closed but you can still access resources for sexual assault and violence at the Helpline: Running as usual 24/7 1-866-363-7273.  
Text/ChatLine: Services available and accessed through our website, <https://paar.net/>

#### Neighborhood Legal Services

- Offices are closed to the public through the end of March, but services are still available
- If you are in need of services, you can either apply online anytime at [www.nlsa.us/get-help](http://www.nlsa.us/get-help) (or click the Get Legal Help tab here: <https://nlsa.us/>) or call 1-866-761-6572 from 9:00 am to 1:00 pm, Monday through Friday.
- Because some NLS staff is working from home, you may get a call back from a private number. Please pick up.