



Allegheny County Department of Human Services Helpful Resources

Isolation Guidance for Behavioral Health Residentially Based Care/Services, Youth Congregate Care, Emergency Shelters and other housing providers

Guidance for Isolation Within Housing

No Symptoms/ No High Risk Factors	High Risk Factors/ No Symptoms	Symptoms or Positive COVID-19 Test
May be housed in shared space with others with no symptoms, including congregate settings; Beds should be as far apart as possible (six feet is recommended if there is space) and clients should sleep head to toe	Private room or shared space with roommate who has no symptoms and has not been tested for COVID-19	Symptomatic individuals should be housed in a private room. Those who have a positive test may be housed in a private room or in a shared space with others who have also tested positive.
Recommend staggering mealtimes so physical distancing can be ensured	Meals and medications delivered to room or use staggered mealtimes so physical distancing can be ensured	Meals and medications delivered to room.
Recommend staggering times of use so physical distancing can be ensured	Should refrain from using common spaces. Use staggered times to ensure physical distancing when necessary.	No use of common areas.
May use shared facilities as usual. Cleaning/Disinfecting protocol should be followed.	Use a separate bathroom than any symptomatic or positive individual, if possible. If only one bathroom at site, follow same protocols for cleaning and distancing as those who are symptomatic or test positive.	Use Designated bathroom, shared by individuals who are symptomatic and /or have tested positive If only one bathroom in facility: <ul style="list-style-type: none"> ▪ Stagger shower times by three hours when possible ▪ 20 min to let steam dissipate, between showers; no steam should remain when next client enters the bathroom ▪ Consider in-room commodes and sponge baths ▪ Follow cleaning/disinfecting guidance between each clients ▪ Ventilation fans should remain on and windows should remain open during cleaning

No Symptoms/ No High Risk Factors	High Risk Factors/ No Symptoms	Symptoms or Positive COVID-19 Test
<p>Per PA Department of Health orders, all individuals are required to wear a mask when in shared spaces. Physical Distancing recommendations should be ensured at all times. DHS urges providers to require clients to wear masks while on site and to provide masks to clients who lack them. Residents of 24/7 facilities who share bedrooms should wear masks in their bedroom whenever they are not on their bed. See Guidance for DHS Providers Conducting In-Person Business Operations for further mask guidance including exceptions and strategies to support individuals who can not wear a mask.</p>	<p>If any other residents at the site are symptomatic, individuals with high risk factors should wear masks. Per PA Department of Health orders, all individuals are required to wear a mask when in shared spaces. Physical Distancing recommendations should be ensured at all times. DHS urges providers to require clients to wear masks while on site and to provide masks to clients who lack them. Residents of 24/7 facilities who share bedrooms should wear masks in their bedroom whenever they are not on their bed. See Guidance for DHS Providers Conducting In-Person Business Operations for further mask guidance including exceptions and strategies to support individuals who can not wear a mask.</p>	<p>Anyone who has symptoms or has tested positive should wear a mask in any shared spaces including bathrooms when not showering. DHS urges providers to require clients to wear masks while on site and to provide masks to clients who lack them. Residents of 24/7 facilities who share bedrooms should wear masks in their bedroom whenever they are not on their bed. See Guidance for DHS Providers Conducting In-Person Business Operations for further mask guidance including exceptions and strategies to support individuals who can not wear a mask.</p>

These guidelines take into account the most recent guidance from the ACHD and the CDC as well as the availability of isolation resources and will be updated as needed.